ROSEMEAD SCHOOL DISTRICT

December Muscatel Breakfast and Lunch





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Breakfast Egg, Cheese & Bacon Sandwich Beef Pasta Bolognese with Garlic Knot	Assorted Pop Tart with Cracker Chicken Taquitos, Refried Beans, Guacamole, and Pico de Gallo	3 French Toast Sticks with Turkey Sausage Grassfed Hot Dog with Three Bean Chili	4 Mini Chocolate Donuts Breaded Spicy or Regular Chicken Filet Sandwich with Creamy Coleslaw	5 Chocolate Chip Muffin Pepperoni, Sausage or Cheese Pizza with Tossed Salad
8 Breakfast Egg & Sausage Sandwich Chicken Penne Alfredo, Garlic Breadsticks, and Garlicky Broccoli	9 Mini Powdered Donuts Nashville Hot Chicken Tenders, Corn Bread Poppers, and Cross Trax Fries	Freshly Baked Cinnamon Rolls Chicken & Vegetable Dumplings, Edamame, and Chow Mein	Bagel with Cream Cheese Chicken Waffle Sandwiches, Tater Tots, and Pineapple Coleslaw	Ham & Cheese Croissant Pepperoni, Sausage or Cheese Pizza with Tossed Salad
15 Egg Omelet, Turkey Bacon, and Toast Boneless Chicken Wings, Donuts, and Buffalo or BBQ Dip	Assorted Concha Crunchy Beef Taco, Refried Beans, Spanish Rice and Elote Salad	Freshly Baked Chocolate Chip Scones Spaghetti & Meatballs, Garlic Breakfast, and Garlicky Broccoli	Cinnamon Toast Crunch Filled Bar Grassfed Hamburger or Cheeseburger with Crinkle Cut Fries	Egg, Cheese & Sausage Tornado Pepperoni, Sausage or Cheese Pizza with Tossed Salad
22	23	24	25 Chrisimas	26
29	30	31	HAPPY Wews	2

All children enrolled at
Rosemead School District
are provided breakfast and
lunch at no cost!

Available Daily:

8 oz 1% White Milk 8 oz. Nonfat Chocolate Milk Assorted Fresh Fruit & Vegetables



